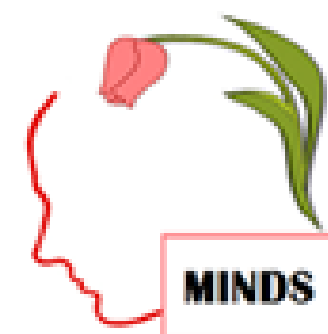




# THE ITOP TRANSCENDENCE GRANT FOR COMMUNITY-BASED RESEARCH IN ADDICTION PSYCHIATRY



(For First-Year MD/ DNB Psychiatry or PDF/ DM Addiction Psychiatry Residents)

## PURPOSE

The IToP Transcendence Grant supports first-year psychiatry residents in initiating community-oriented research in addiction psychiatry soon after their thesis synopsis is approved. There remains a striking scarcity of structured support for addiction psychiatry research within community settings. Residents who take on this challenge often travel great distances, work alongside NGOs, and build fragile bridges between clinical practice and the social realities of addiction. This grant seeks to recognise and support such efforts research that transcends the confines of hospital-based study to engage deeply with lived, social, and structural contexts. The ideal balance between institutional research and community immersion is what this initiative seeks to nurture: a harmony between the rigour of science and the compassion of fieldwork. Projects focusing on marginalised or vulnerable populations, including those in urban slums, peri-urban settlements, rural low-resource regions, or other disadvantaged contexts, will be prioritized.

## ELIGIBILITY

Who can apply:

- First-year residents enrolled in MD/DNB Psychiatry or PDF/ DM programmes in India.
- Thesis synopsis must have received official Institutional or University approval.
- The proposed research must include a community-based component, such as:

Field data collection in community or primary-care settings

Awareness or prevention programmes

Collaboration with NGOs, de-addiction centres, or rural outreach models

Exploration of social determinants or family engagement, or stigma reduction in addiction

• *Not eligible: Purely laboratory or pharmacological studies without a community linkage.*

## APPLICATION REQUIREMENTS

1. Synopsis summary ( $\leq$  1,000 words) – title, rationale, objectives, community linkage, methodology, expected outcomes.
2. Proof of Institutional / University synopsis approval.
3. Letter from Guide / Head of Department confirming authenticity and readiness to begin fieldwork.
4. Brief CV (1 page) with academic details and contact information.
5. Provisional budget plan for use of the ₹ 25,000 grant (e.g., field expenses, travel, awareness materials).

## GRANT AND RECOGNITION



- **Seed Grant: ₹ 25,000 (after verification of synopsis and IEC approval).**
- **Add-on Micro-Grants: ₹ 5,000 – ₹ 10,000 for projects featuring participatory or creative dissemination (e.g., street plays, awareness walks, digital campaigns).**
- **Recognition: Certificate of Merit + Plaque.**
- **Visibility: Featured in the IToP Website and The MINDS Newsletter**
- **Showcase: Grantees share insights during the “From Field to Forum” session at the IToP National Conference or mid-year webinar.**
- **Follow-up: Awardees present their completed thesis work at the subsequent IToP National Conference.**



## EVALUATION CRITERIA



Item	weightage
Relevance to addiction psychiatry and community context	25
Clarity and feasibility of community component	25
Innovation and potential impact	20
Methodological soundness	20
Clarity of presentation and budget justification	10

## KNOWLEDGE SHARING & REFLECTION

- Field Notes: Each awardee writes a 500 word reflection for the IToP website and the MINDS Newsletter (Some reflections read like a Girl, Interrupted entry, raw and searching; others unfold like Stranger Things, when the field turns upside down and something transcendent emerges from the often unexplored.)
- Between structured interviews and spontaneous conversations lie moments that linger a Kirik Party-like laugh with field workers, a curious little one tugging at your notepad, or the sudden appearance of a squirrel darting across a clinic courtyard fragile, alert, and alive, much like the spirit of those we seek to understand. These glimpses remind us that insight is not found in control, but in attentive presence and dialogue.)
- Reviewer Feedback Loop: All applicants receive a concise summary of reviewer comments to build future capacity.

## ETHICAL & ADMINISTRATIVE REQUIREMENTS

- IEC approval mandatory before disbursement.
- All data must be anonymised.
- Conflict-of-interest and funding acknowledgements required in all outputs.
- Utilisation certificate and final summary due within 12 months of disbursal.

## TIMELINE (2025-26 CYCLE)

- |  |   |
|--|---|
| • Call for applications                  | March 20 <sup>th</sup> , 2026                 |
| • Submission deadline                    | April 30 <sup>th</sup> , 2026                 |
| • Evaluation and selection               | May 1 <sup>st</sup> – 20 <sup>th</sup> , 2026 |
| • Grant disbursal (after verification)   | June 1 <sup>st</sup> , 2026                   |
| • From field to forum showcase           | August - September, 2026                      |
| • Presentation at IToP Annual Conference | November, 2026                                |

Submission only through an e-copy addressed to

**The Secretary**

**Minds United For Health Sciences & Humanity Trust, M18,**

**First floor, Main Road, Opposite SBI, Vivekanandnagar,**

**Mysuru -570023, Karnataka, India.**

**Email: [mindsunitedtrust@gmail.com](mailto:mindsunitedtrust@gmail.com)**

This initiative is supported by

